

## New Mexico Asian Family Center



Last year, we supported **623 individuals** with direct services and programming. This number does not include individuals impacted through general NMAFC community events, outreaches, and one-on-one meetings. NMAFC continues to be **the lead and only social service agency** in the entire state of New Mexico tailoring services for

Asian communities. For a better idea of what NMAFC provides, here are answers to questions we often get asked:

### Where are your services located?

We're located in Albuquerque, so the majority of our clients come from Bernalillo and Sandoval County. However, **lack of resources state-wide for Asian communities cause many individuals to travel a far distance** to receive services at our agency. We served individuals from the counties of Bernalillo, Sandoval, McKinley, Los Alamos, Santa Fe, Valencia, Chaves, and Dona Ana.

### Which Asian communities are accessing your services?

Our services are tailored for the Asian community, but we never turn anyone away. In fiscal year 2014, **we served clients of 20 different ethnicities!** Here's a breakdown: *Vietnamese, Chinese, Japanese, Filipino, Afghani, Korean, Thai, Nepali, Iraqi, Hispanic, White, Lao, Pakistani, African American, Indian, Israeli, Russian, Singaporean, Sudanese, and Taiwanese*



### What services are people receiving?

We provide case management which includes services like referrals, advocating for interpreters at hospitals and schools, and connecting people to social benefits like housing and healthcare. We also provide counseling, legal representation and consultation. Many individuals come to us for multiple services; although we provided 150 individuals direct services, these individuals accessed **273 separate services through NMAFC.**

### What kind of issues do you focus on?

We work on a variety of issues. We received funding to serve victims of all crime including domestic violence and sexual assault. We also helped individuals needing immigration



support and gambling and tobacco cessation. **55% of our direct services were provided to victims and survivors of domestic violence.**

### Do you have any youth programs?

We focus on providing programs that engage youth in physical activity. We provided a Tae Kwon Do class integrating education on anti-tobacco at Quang Minh Temple and a

martial arts and Asian club at Manzano Mesa Elementary with a focus on healthy relationship building and cultural awareness. **Our programs reached 59 youth.**

### Are you serving a vulnerable population?

We are serving one of the most vulnerable populations in NM. Our priority population consists mostly of immigrant and refugee communities with a high degree of limited English proficiency. Many are considered low or extremely low income. A person at an extremely low income makes **\$18,850 a year or less for a family of four.**



### Are you addressing health disparities?

We work on addressing health disparities including **tobacco use, lack of physical activity, and problem gambling.** Our Mosaic Voices network has about fifteen active members working on issues leading to tobacco uptake like bullying and depression. We also held focus groups with 24 participants from China and Taiwan to discuss ways to better address problem gambling in

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## June 2013 – July 2014 Snapshot

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these communities. Finally, we worked with 14 participants from different sectors to increase access to physical activity in the International District.

### What kind of language interpretation services do you offer?

On staff, we speak 7 different Asian languages. We also rely on community interpreters and phone interpretation services. **We provided interpretation in Vietnamese, Mandarin, Japanese, Farsi, Nepalese, Thai, Korean, Arabic, Taiwanese, and Lao.**



### Do you offer multi-generational family programming?

We formed a **Chinese storytelling group that reached 86 participants** through cooking sessions and teaching through personal and community narratives via play acting. Our **Vietnamese group engaged 89 participants in their family programming** including hosting workshops on parenting and child development for parents and grandparents. Finally, our **Japanese group reached 25 participants** through their multi-generational programming.

### What kind of community outreach do you support?

We provided 9 presentations on **domestic violence and sexual assault to 117 service providers, first responders, and students.** We also provided **6 community**

**presentations to our elderly communities reaching 54 individuals** on topics like long term care and the Affordable Care Act.



### Were you able to support everyone?

Unfortunately, every non-profit struggles with funding because the need is so great. Last year, we were able to serve everyone who came to our door, but **we had to provide limited services to 50 individuals through volunteers and other in-**

**kind support** because of a shortage of funding. This is an example of how your donations help our community.

So Thank You! from the bottom of our hearts for continuing to support NMAFC and our Asian communities.